

**2026 Blue Cross and Blue Shield Service Benefit Plan - FEP Blue Focus**

**Section 5(a). Medical Services and Supplies Provided by Physicians and Other Healthcare Professionals**

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**Important things you should keep in mind about these benefits:**

- Please remember that all benefits are subject to the definitions, limitations, and exclusions in this brochure and are payable only when we determine they are medically necessary.
- Please refer to Section 3, *How You Get Care*, for information on covered professional providers and other healthcare professionals.
- Be sure to read Section 4, *Your Costs for Covered Services*, for valuable information about how cost-sharing works. Also, read Section 9 for information about how we pay if you have other coverage, or if you are age 65 or over.
- We base payment on whether a facility or a healthcare professional bills for the services or supplies. You will find that some benefits are listed in more than one Section of the brochure. This is because how they are paid depends on what type of provider or facility bills for the service.
- The services listed in this Section are for the charges billed by a physician or other healthcare professional for your medical care. See Section 5(c) for charges associated with the facility (i.e., hospital or other outpatient facility, etc.).
- Benefits for certain self-injectable drugs are limited to one time per therapeutic category of drugs when obtained from a covered provider other than a pharmacy under the pharmacy benefit. You must use a Preferred pharmacy thereafter. This benefit limitation does not apply if you have primary Medicare Part B coverage. See Section 5(f) for information about Tier 2 specialty drug fills from a Preferred pharmacy. Medications restricted under this benefit are available on our FEP Blue Focus Specialty Drug List. Visit [www.fepblue.org/specialtypharmacy](http://www.fepblue.org/specialtypharmacy) or call us at 888-346-3731.
- The calendar year deductibles: \$750 per person (\$1,500 per Self Plus One or Self and Family enrollment). We state whether or not the calendar year deductible applies for each benefit listed in this section.
- **You must use Preferred providers in order to receive benefits.** See below and Section 3 for the exceptions to this requirement.

- We provide benefits at Preferred benefit levels for services provided in Preferred facilities by Non-preferred radiologists, anesthesiologists, certified registered nurse anesthetists (CRNAs), pathologists, neonatologists, emergency room physicians, and assistant surgeons (including assistant surgeons in a physician's office). You may be responsible for any difference between our payment and the billed amount. See Section 4, NSA, for information on when you are not responsible for this difference.
- You should be aware that some Non-preferred (non-PPO) professional providers may provide services in Preferred (PPO) facilities.
- There is a \$10 visit copayment for each of the first 10 visits to a professional provider per calendar year. This applies to a combined total for medical and mental health and substance use disorder visits.
- **If you receive both preventive and diagnostic services from your Preferred provider on the same day**, you are responsible for paying your cost-share for the diagnostic services. This includes applicable cost-share for diagnostic procedures such as an injection, laboratory, and X-ray services.
- An incentive award is available for those members (member and/or spouse over age 18) who receive an annual routine physical in 2026. Please see Section 5(h) for more information.

**Preventive Care Benefits** - Here are some things to keep in mind:

- Preventive care refers to medical services, counseling, and screenings related to the prevention of disease and health-related problems, rather than curing disease or treating its symptoms.
- You must use Preferred providers in order to receive preventive benefits without cost-share, see Section 3 for exceptions to this requirement.