

2026 Blue Cross and Blue Shield Service Benefit Plan - FEP Blue Focus

Section 5(a). Medical Services and Supplies Provided by Physicians and Other Healthcare Professionals

Educational Classes and Programs

Note: We state whether or not the calendar year deductible applies for each benefit listed in this section.

Benefit Description

Educational Classes and Programs

- Smoking and tobacco cessation treatment including:
 - Counseling for smoking and tobacco use cessation
 - Smoking and tobacco cessation classes

Note: See Section 5(f) for our coverage of smoking and tobacco cessation drugs.

You Pay

Preferred: Nothing (no deductible)

Non-preferred (Participating/Non-participating): You pay all charges

Benefit Description

- Diabetic education

Note: See previous information in this section for our coverage of nutritional counseling services that are not part of a diabetic education program.

You Pay

Preferred: 30% of the Plan allowance (deductible applies)

Non-preferred (Participating/Non-participating): You pay all charges

Benefit Description

Not covered:

- *Educational or other counseling or training services, or applied behavior analysis (ABA), when performed as part of an educational class or program*

- *Premenstrual syndrome (PMS), lactation, headache, eating disorder, and other educational clinics unless described earlier in this section as being covered*
- *Recreational or educational therapy, and any related diagnostic testing except as provided by a hospital as part of a covered inpatient stay*
- *Services performed or billed by a school or halfway house or a member of its staff*

You Pay
All charges